

## Dr John C Sowby

M.B., B.S., M.O.H.S., F.A.F.O.E.M., R.A.C.P., C.I.M.E.

### OCCUPATIONAL PHYSICIAN

#### QUALIFICATIONS & FELLOWSHIPS

- Bachelor of Medicine and Bachelor of Surgery
- Master of Occupational Health and Safety
- Fellow of the Australasian Faculty of Occupational Medicine

#### CURRENT / FORMER POSITIONS

- Private Practice – Specialist Consultant in Occupational Medicine
- Specialist Consultant in Occupational Medicine – Treatment and Rehabilitation of Injured Workers
  - WorkCover
  - Australia Post
  - Q-Comp
- Queensland Vocational Health Service – Treatment and Rehabilitation of Injured Workers
- Accredited Assessor of Permanent Impairment, Comcare and WorkCover

#### AREAS OF EXPERTISE

<ul style="list-style-type: none"> <li>• Identify an individual's work capacity, giving advice in respect of impairment, disability and handicap, commenting on work and vocational capacities</li> </ul>	<ul style="list-style-type: none"> <li>• Reduce morbidity through the appropriate management of medical conditions, particularly musculoskeletal</li> </ul>
<ul style="list-style-type: none"> <li>• Identify and implement preventative strategies and procedures that will reduce morbidity in the workplace and specifically for an injured patient's workmates</li> </ul>	<ul style="list-style-type: none"> <li>• Assist primary treating practitioners in complex cases where management of the patient/workplace interface is crucial to a successful outcome</li> </ul>
<ul style="list-style-type: none"> <li>• Determine both diagnosis and cause/effect relationships</li> </ul>	<ul style="list-style-type: none"> <li>• Provide supportive management to patients with chronic medical illnesses, whether they are work related or non work related, enabling them to remain productive members of the workforce for as long as possible</li> </ul>
<ul style="list-style-type: none"> <li>• Provide competent assessments following referral by medical practitioners of patients affected by an acute exposure to environmental contaminants and advise on appropriate health surveillance for that workplace</li> </ul>	<ul style="list-style-type: none"> <li>• Promote health in the workplace setting</li> </ul>

#### SUMMARY

**Dr John Sowby** is a highly trained specialist who provides a wide range of services relating to the health of workers and employers.

The specialty of Occupational Medicine focuses on the inter relationships between workers, their workplaces and their work practices. The specialty encompasses prevention, treatment and rehabilitation. It deals with health issues of the individual worker, populations of workers, their interaction with their environment and the "health" of the employing organisation.

Occupational Physicians consider medical issues within the wider context of their psychosocial, industrial and motivational frameworks, and have a key role in communicating with employers, business and government.